## We've got the best ways to make your money go further

## I'VE SAVED £££s AT THE OPTICIAN AND DENTIST



Gina Croft, 34, from Birmingham, slashed her medical costs I was spending

a fortune at my optician and dentist. Then, online, I discovered Healthy Discounts' optical and dental plan. It costs £5 a month and you can save up to 20 per cent on a range of treatments (see box below). I found participating opticians and dentists in my area, and I'm planning to have a root canal done. Within a month, I'll get back the money I've spent on premiums – this year I should save £300. Go to www.healthy discounts.co.uk or call 0808 234 3558 for more information.

READER EXCLUSIVE THREE MONTHS FREEL Healthy Discounts is offering Woman's Own readers three months' free membership when you sign up for a year. For £5 a month for single membership or £10 a month for family, get 20 per cent off all private dental work and a full range of optical services, plus 15 per cent off laser eye surgery. Go to www.healthydiscounts.co.uk/co/wown, enter the code WOWN at the checkout or call 0808 234 3558 and quote 'Woman's Own'. Offer valid till 1 June 2010. SAVE £30 on three months' free family membership.